

# Get Vaccinated to Protect Yourself and Those You Care For from COVID-19



As a direct support provider—personal care attendant, paraprofessional, therapist, caregiver, or other—the care and support you provide helps others maintain a happy and healthy life.

You may work closely with older adults or people with disabilities, many of whom are at high risk of severe illness from COVID-19.

Your close contact increases your risk for getting and spreading COVID-19. This is especially true if your clients are not able to wear a mask or take other safety measures.

Protect yourself, your family, and clients by getting vaccinated. COVID-19 vaccines are free and now widely available in the United States.

**Vaccination is the best way to protect yourself and others from COVID-19.**

## Questions or concerns about getting vaccinated?

- **Talk with your doctor** or another healthcare professional about the safety of COVID-19 vaccines and how well they work.
- **Attend a town hall meeting** sponsored by your workplace, the health department, or another trusted source to hear directly from vaccine experts and get answers to your questions.
- **Learn how to find vaccine information you can trust.** Compare information from other sources with information from CDC.gov (such as [www.cdc.gov/coronavirus/2019-ncov/vaccines/vaccine-benefits.html](http://www.cdc.gov/coronavirus/2019-ncov/vaccines/vaccine-benefits.html)).
- **Ask others about their vaccination experience.** Ask trusted coworkers, family, friends, or faith leaders why they decided to get vaccinated and where they were vaccinated.
- **Learn more about what you can start doing again after vaccination.** People who have been fully vaccinated can start to do some things that they had stopped doing because of COVID-19. Learn more at [www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html](http://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html).

## Already vaccinated? Become a vaccine champion!

- **Share your experience** and your reasons for getting vaccinated with family, friends, and coworkers.
- **Help others get vaccinated** by assisting them with scheduling appointments and answering their questions.
- **Learn how to respond** to misinformation about COVID-19 vaccines.

**Protect yourself, your family, and your clients by getting vaccinated.**

Learn how and where you can get your COVID-19 vaccine at [www.vaccines.gov](http://www.vaccines.gov).

Visit [www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html](http://www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html) for more information.



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[cdc.gov/coronavirus](http://cdc.gov/coronavirus)