Laundry Machine Capacity. How much laundry makes a "full load" depends on the size, or capacity, of your washing machine. Mediumcapacity top-loading washing machines can usually tolerate 7-8 pounds.

## Load-Size Recommendations



Medium Loads
Fill the washer drum
up to about $1 / 2$ full.

## Load-Size Recommendations

To give you an idea as to how much dirty laundry weighs, here are some guidelines:

| Type Of Laundry | What It Weighs |
| :---: | :---: |
| XL T-shirt | .5 pounds |
| Medium Blue Jeans | 1.6 pounds |
| Medium Sweatshirt | .9 pounds |
| One Full-Size Bed Sheet | 1.3 pounds |
| One Large Bath Towel | 1.6 pounds |



6 lbs
Medium Load

